

## ENGLISH & HINDI CCA

Co-curricular activities can play a valuable role in students' education by complementing the academic curriculum and promoting their personal and social development.

The following Co Curricular activities were conducted from July to Dec 2022.

### 1. Inter-House English Essay Writing Competition:

**House Positions:** Ujjain - First; Taxila - Second; Nalanda - Third

#### Juniors

Cadet	Position
Cdt 4405 Shivam Raj, UH	First
Cdt 4463 Mayank Pal, UH	Second
Cdt 4377 Ridhima Thakur, UH	Third

#### Seniors

Cdt 4254 Kishan Verma, TH	First
Cdt 4201 Prem Raj, UH	Second
Cdt 4301 Pradhyumn Singh, UH	Third

### 2. Inter-House Hindi Essay Writing Competition:

**House Positions:** Nalanda - First; Taxila - Second; Ujjain - Third

#### Juniors

Cadet	Position
Cdt 4283 Yash Bhati, NH	First
Cdt 4318 Vivek Gujjar, UH	Second
Cdt 4293 Dipanshu, TH	Third
Cdt 4428 Himanshu, NH	Third

#### Seniors

Cdt 4085 Ashutosh Kumar, NH	First
Cdt 4195 Shivam Gupta, UH	Second
Cdt 4056 Mukal Kumar, TH	Third
Cdt 4202 Manavendra Kumar, NH	Third

### 3. Inter-House Eng Debate Jrs

**House Positions:** Ujjain - First; Taxila - Second; Nalanda - Third

Cadet	Position
Cdt 4374 Kanishk Chauhan, TH	First
Cdt 4348 Rohan, UH	Second
Cdt 4275 Ayan Kapoor, UH	Third
Cdt 4385 Kishan Kumar, NH	Third

### 4. Inter-House Hin Poem Recitation Jrs

**House Positions:** Ujjain - First; Nalanda - Second; Taxila - Third

Cadet	Position
Cdt 4290 Vishwanjal, TH	First
Cdt 4405 Shivam, UH	Second
Cdt 4319 Nikhil, NH	Second
Cdt 4382 Vaibhav, NH	Third



### 5. Inter-House English Declamation Srs

**House Positions:** Taxila - First; Nalanda - Second; Ujjain - Third

Cadet	Position
Cdt 4160 Yash Raj, TH	First
Cdt 4254 Kishan Verma, TH	Second
Cdt 4215 Sakcham, NH	Third
Cdt 4228 Manmohit Singh, UH	Third

### 6. Inter-House GK & CA Quiz Jrs

**House Positions:** Ujjain - First; Nalanda - Second; Taxila - Third

Cadet	Position
Cdt 4405 Shivam Raj, UH	First
Cdt 4348 Rohan, UH	First
Cdt 4417 Aryan Kumar, UH	Second
Cdt 4262 Apurva Krishna, UH	Second
Cdt 4382 Vaibhav Pratap, NH	Third
Cdt 4372 Rishabh Singh, NH	Third

### 7 Inter- House On The Spot Painting

**Competition for Jrs and Srs.**

**House Positions:** Ujjain - First; Taxila - Second; Nalanda - Third

Juniors	Position
Cadet	
4377 Ridhima Thakur, UH	First
4381 Depasnshu Kumar Jha, TH	Second
4297 Bhanu Pratap Singh, UH	Second

#### Seniors

Cadet	Position
4254 Kishan, TH	First
4225 Vikas, TH	Second
4287 Gagan, TH	Second
4071 Rajat Kumar, UH	Second

### 8 Inter -House English Elocution

**Competition for Jrs and Srs. .**

**House Positions:** Nalanda-First; Taxila - Second; Ujjain - Third

Cadet	Position
4382 Vaibhav, NH	First
4348 Rohan Kumar, UH	Second
4374 Kanishk, TH	Third

#### Seniors.

**House Positions:** Nalanda-First; Ujjain-Second; Taxila-Third



Cadet	Position
4160 Yash Raj, TH	First
4228 Manmohit, UH	Second
4175 Manvendra, UH	Third

### 9 Inter House English Poetry Recitation Competition for Jrs.

**House Positions:** Nalanda - First; Ujjain - Second; Taxila - Third

Cadet	Position
4273 Aryan Kapoor, UH	First
4418 Aman Das, NH	Second
4463 Mayank Pal, UH	Third

### 10 Hindi Elocution Competition for Jrs and Srs.

**House Positions:** Ujjain- First; Nalanda-Second; Taxila - Third

Juniors	Position
Cadet	
4382 Vaibhav Kumar, NH	First
4322 Raj Singh, UH	Second
4381 Deepanshu Kumar, TH	Third

#### Seniors

4433 Sonit Kumar, UH	First
4204 Neelesh Kumar, UH	Second
4485 Rupesh Kumar, NH	Second
4167 Vir Pratap Singh, UH	Third

### 11. Inter House Science Quiz Competition for Jrs .

**House Positions:** Nalanda-First; Taxila - Second; Ujjain - Third

Cadet	Position
4382 Vaibhav, NH	First
4348 Rohan Kumar, UH	Second
4374 Kanishk, TH	Third

#### Seniors.

**House Positions:** Nalanda-First; Ujjain-Second; Taxila-Third

Cadet	Position
4160 Yash Raj, TH	First
4228 Manmohit, UH	Second
4175 Manvendra, UH	Third

### 9 Inter House English Poetry Recitation Competition for Jrs.

**House Positions:** Nalanda - First; Ujjain - Second; Taxila - Third

Cadet	Position
4273 Aryan Kapoor, UH	First
4418 Aman Das, NH	Second
4463 Mayank Pal, UH	Third

### 10 Hindi Elocution Competition for Jrs and Srs.

**House Positions:** Ujjain- First; Nalanda- Second; Taxila - Third

Cadet (Jrs)	Position
4405 Shivam Raj & 4407 Akshay	First
4331 Ashish & 4382 Dipanshu	Second
4419 Rishav Kumar & 4417 Aryan	Second
4372 Rishabh & 4295 Meet	Third

House Positions:	Position
Ujjain- First; Nalanda - Second; Taxila - Third	

### 12. Inter House Debate Competition for Srs. & Jrs

**House Positions:** Nalanda-First; Taxila - Second; Ujjain - Third

Cadet	Position
4382 Vaibhav, NH	First
4348 Rohan Kumar, UH	Second
4374 Kanishk, TH	Third

#### Seniors.

**House Positions:** Nalanda-First; Ujjain-Second; Taxila-Third

Cadet	Position
4160 Yash Raj, TH	First
4228 Manmohit, UH	Second
4175 Manvendra, UH	Third

### 13. Inter-House GK & CA Quiz Srs .

**House Positions:** Ujjain- First; Nalanda- Second; Taxila - Third

Cadet	Position
4445 Shivanshu & 4204 Neelesh	First
4085 Ashutosh & 4293 Badal	Second
4311 Nitin & 4236 Harshit	Second
4142 Shivam & 4187 Himanshu	Third

### 14 Inter- House Science Quiz Srs

**House Positions:** Nalanda - First; Ujjain - Second; Taxila - Third

Cadet	Position
4085 Ashutosh & 4485 Rupesh	First
4256 Ancil & 4142 Shivam Raj	Second
4392 Harsh & 4445 Shivanshu	Third

## GAMES & SPORTS REPORT 2022-23



Just like a diet of healthy nutrients is needed for nourishing the body, playing sports holds a great significance in enhancing our lives, especially for growing children. As a student, one has to face many challenges, and playing sports helps them cope with the exam pressure and prepare them for further challenges by providing them with physical and mental strength. Children who are indulged in physical activities sustain good values of mutual respect and cooperation. Playing sports teaches them skills such as accountability, leadership, and learning to work with a sense of responsibility and confidence.

Playing sports builds your personality and teaches you to live life in a better way. Getting involved in such activities teaches good values, ethics, and skills in your life. The person starts to have a positive outlook towards life and can easily deal with obstacles in their life. Not only this, but also it reduces the stress level in the person as such people start taking challenges with positivity. Their efficiency increases, so they can easily take up challenges confidently.

### INTER HOUSE HANDBALL TOURNAMENT

Handball is a great form of exercise, for both men and women. Principally a form of aerobic exercise, handball helps to enhance agility and flexibility, muscle tone, stamina, burn calories and fat and promote cardiovascular health. With intermittent high-intensity moments during competition, handball also has anaerobic and musculo-skeletal benefits. As with most team sports, handball also builds a sense of community and aids in confidence and overall mental well-being.

RMS-CHAIL Conducted Handball Tournament for the session 2022-2023. The results are as follow:-

Overall House	Position:-
First	Nalanda House
Second	Ujjain House
Third	Taxila House

Best Player 4052 Cadet Hemender, Nalanda House

Fair Play Award – Nalanda House

Inter House Handball Tournament 2022-2023 was won by Nalanda house



### INTER HOUSE VOLLEYBALL TOURNAMENT

Volleyball is an exciting and dynamic team sport that is played worldwide. It was originally invented in the United States in the late 19th century and has since gained immense popularity. The game is known for its fast-paced action, athleticism, and strategic play.

RMS-Chail conducted this tournament and the results are as follow:

House Positions :-

- I. Ujjain House
- II. Taxila House
- III. Nalanda House

4182 Cadet Rudra Pratap of Class - X, Taxila House was declared the Best Player of the Tournament.

Inter House Volleyball Tournament 2022-2023 was won by Ujjain House



### INTER HOUSE FOOTBALL TOURNAMENT

Football provides better physical and mental health. Youth at their young age need a certain amount of exercise each day to stay healthy for which football is the way to go. Football is a sport that is said to relieve stress by physical contact.

RMS-CHAIL Conducted football tournament for the session 2022-2023. The results are as follows:-

Position	Juniors	Seniors	Overall
First.	Taxilla	Taxila	Taxila
Second	Nalanda	Ujjain	Ujjain
Third	Ujjain	Nalanda	Nalanda

Individual Prize:

Best Upcoming (Jrs):-4313 Cadet Himanshu, Taxila House

Best Goalkeeper :-4071 Cadet Rajat Kumar, Ujjain House

Best Player(Jrs):-4384 Cadet Ronak, Taxila House

Best Player(Srs):-4300 Cdt Naaz, Ujjain House

### INTER HOUSE BASKETBALL TOURNAMENT

Basketball is one of the most popular sports in the world and one of the most widely viewed. It is a team sport that involves two teams of five active players each trying to score points against one another by throwing a ball through a 300 cm (10 feet) high hoop (the 'basket') under organised rules. It is played on both indoor and outdoor courts. Basketball is a great way for kids to get active and have fun. basketball and develop sport and social skills in a safe environment.

The results of Inter House BasketBall Tournament are as follows:-

House Positions	Juniors	Seniors	Overall
First	Ujjain	Taxila	Nalanda
Second	Nalanda	Nalanda	Taxila
Third	Taxila	Ujjain	Ujjain

Best Player(Jrs) -4372 Cadet Rishab, Nalanda House; Best

Player(Srs) -4085 Cadet Ashutosh, Nalanda House

Fair Play Award – Ujjain House



### INTER HOUSE BOXING TOURNAMENT

Boxing is a combat sport that has been practised since before the time of ancient Greece and the original Olympics. Typical boxing exercise includes movement and footwork drills to evade punches, as well as punching drills on equipment like heavy bags, speed bags, and focus mitts. It involves coordinated footwork, developing reactive movement strategies to changing conditions, and the muscular strength mentioned above.

RMS-CHAIL Conducted football tournament for the session 2022-2023. The results are as follow:-

Overall House Positions: -

First	Ujjain House
Second	Taxila House
Third	Nalanda House

Best Boxer (Jrs) - 4318 Cdt Vivek, Ujjain House

Best Boxer (Srs) - 4300 Naaz, Ujjain House

Inter House Boxing Tournament 2022-2023 was won by Ujjain House





**INTER HOUSE CROSS COUNTRY TOURNAMENT 2022-23**  
 Cross country running provides an incredibly effective and convenient way to stay in shape. There are no new skills to master or equipment to buy; a runner just needs a good pair of shoes. Everyone knows how to run, so it's only a matter of time and practice to get into perfect form. On top of that, cross country running can take place virtually anywhere, especially on grass, mud, dirt trails or hills.  
 RMS-CHAIL conducted Cross Country Tournament for the session 2022-2023. The results are as follow:-

**Individual Position(Juniors)**  
 First 4324 Ripu Dhaman(22.10), TH  
 Second 4314 Himanshu (22.15), TH  
 Third 4305 Sankalp (22.22), TH

**House Positions (Juniors)**

House	Points
First Taxila House	1275
Second Ujjain House	1353
Third Nalanda House	1467

**Individual Position(Seniors)**  
 First 4247 Yash Ranjan (32.35), TH  
 Second 4191 Aryan Kapoor (33.23), TH  
 Third 4209 Sarthak(33.28), TH

**House Position (Seniors)**

House	Points
First Taxila House	691
Second Nalanda House	928
Third Ujjain House	1231

**Overall House Positions: -**

House	Points
First Taxila House	1966
Second Nalanda House	2395
Third Ujjain House	2584

Inter House Cross Country Tournament 2022-2023 was won by Taxila House

## NCC REPORT ARMY WING JD

### ABOUT NCC:

It is a voluntary organisation which recruits cadets from High Schools, Colleges and Universities all over India. It is the world's largest uniformed youth organisation that imparts Military Training such as Physical Fitness, Leadership, Discipline, Integration, Adventure, Military, and Community Development Training. NCC instills values of "Unity and Discipline" - the Motto of the NCC. It is emerging as a major source of recruitment of officers for the armed forces.

Those who join the NCC are subject to discipline. It develops qualities like social service, team spirit, leadership, discipline and self confidence. NCC inculcates in youth a sense of nationalism and secular outlook that contributes towards the building of the nation.

In the year 2000, the Central Advisory Committee modified the aims of NCC to develop qualities of Character, Courage, Comradeship, Discipline, Secular Outlook, Spirit of Adventure, Sportsmanship and the ideals of Selfless Service to make them useful citizens; to create a human resource of organised, trained and motivated youth; to provide leadership in all walks of life including the Armed Forces; and to create a suitable environment to motivate them to take up a career in the Armed Forces.

NCC cadets can get jobs more easily as compared to others. Private and public sector company employer's give preference to the holders of 'A', 'B' & 'C' certificates. Thus, NCC improves the status of the cadets in the job market and helps them in achieving the aim of their life. One can easily identify the NCC cadets in a job because an NCC cadet looks confident, disciplined, and helpful and easily accepts additional responsibilities.

### NCC AT RMS CHAIL:

The total authorised strength of the troop of NCC ARMY Wing (Junior Division) is 50×cadets and is as follows:

(i) Gaurav Sharma, A/M (Maths) who was appointed as CTO of RMS Chail on 09 Sep 2020 He has successfully completed the PRCN JD 177 Course in 2022 and is appointed as Third Officer to the Institution.

(ii) 25×cadets as second year cadets, who joined the CATC (Combined Annual Training Camp), held at GSSS Karsog Dist Mandi (H.P.) from 01 July 2022 to 10 July 2022 for ten days .

The achievements of Cadets during the camp is as follows:-

- a) 3rd in shooting – 4323 Cdt Arpit (JD)
- b) 1st in Cultural Programme (Group Dance)
  - 4319 Cdt Nikhil Pratap
  - 4323 Cdt Arpit
  - 4290 Cdt Vishwanjal
  - 4296 Cdt Himanshu
  - 4332 Cdt Gaurav
  - 4305 Cdt Sankalp
  - 4327 Cdt Utkarsh Patel
  - 4320 Cdt Ayush Yadav
  - 4260 Cdt Vanshu
  - 4339 Cdt Ayush
- c) 1st in Room Inspection
- d) 1st in Volleyball with Company
  - 4319 Cdt Nikhil Pratap
  - 4295 Cdt Meet
  - 4327 Cdt Utkarsh Patel
- e) 3rd in Basketball
  - 4319 Cdt Nikhil Pratap
  - 4295 Cdt meet
  - 4327 Cdt Utkarsh Patel
  - 4313 Cdt Himanshu
  - 4269 Cdt Shailendra
- (iii) 25×cadets are enrolled in 2022 as first year cadets of the troop, who will join CATC in 2023.

Third Officer Gaurav Sharma  
 ANO, Rashtriya Military School Chail



## DEVELOPING PROFESSIONAL COMPETENCE



An interesting observation is that, in society, an individual always seeks professional competence from every person whose service one avails. I have made a deduction after interacting with several civilians that the first thing they noticed was my physique as that is the primary attribute of an army personnel in the minds of the civilians. This idea left me intrigued and after some introspection I realised that when I visited the dentist, the first thing I noticed was her sparkling teeth which assured me of the fact that she is 'capable' enough to treat me. I intentionally used the word capable instead of qualified as in my perspective qualification just makes you eligible to do something but it is only your caliber which makes you competent.

The concept of competence is probably as old as humankind. Homo sapiens have always been desiring to master skills and to find ways to solve practical, professional and scientific challenges. Certain individuals always received the prerogative to perform certain activities which had a highly symbolic meaning. The attribution of authority was originally strongly related to tradition but that gradually moved to cognition and ability. In the current meritocratic society, people are generally allocated to jobs based on educational achievement and their profile of capabilities and other personal characteristics.

The drive of individuals to learn to perform in certain fields of activities, however, never changed, and is to a large extent based on eagerness to master certain skills, become independent and get recognition. This is very well visible in babies and toddlers when they want to turn in their cradle, crawl on the floor and walk in the room, stimulated by their parents who are cheering when the first steps are taken. Young children constantly move around until they are

able to do what they desperately want at the end of the day: to gain independence; or to become competent.

To gain an independent position in society nowadays, individuals need to pass through formal education trajectories and complete examinations. The higher the education levels students achieve, the higher their chances of getting a good position at the labour market and an appointment in a better-paid and stable job. Independence, however, is a relative notion. In society, people are interdependent by definition, but individual ego development is necessary for getting a personal identity in the first place and a professional identity later in life, for which recognition is needed, by getting an appropriate education qualification, and subsequently by being appointed in a job, being promoted, rewarded, and having a career perspective. Development opportunities are the top priority of graduates from higher education and considered to be a major labour condition.

Because of the expansion of the horizons of educational training, it became an industry. And because of its limited innovation capacity, it somehow alienated society. Getting a diploma became a goal in itself, many educational institutions were not well-aligned to societal demands anymore, and became pedagogical islands. Sometimes this process is called the 'diploma disease', but it can also be named the 'competence crisis', as the big issue was whether graduates who were qualified really were able to perform according to standards in the profession and expectations in the working situation. Having a college degree was no guarantee for being able to perform well on the job or in society in general.



So when we talk about professional competence, what exactly do we mean by it? As M. Mulder explains it,

'A professional is competent when he/she acts responsibly and effectively according to given standards of performance. One can also say that this professional possesses sufficient competence.'

Professional competence is seen as the generic, integrated and internalised capability to deliver sustainable effective (worthy) performance (including problem solving, realising innovation, and creating transformation) in a certain professional domain, job, role, organisational context, and task situation.

Competence consists of various competencies. A competency is a part of generic competence; it is a coherent cluster of knowledge, skills and attitudes which can be utilised in real performance contexts. For instance, in a crime scene investigation a forensic expert needs to produce a DNA profile of a piece of evidence. This requires knowledge (disciplinary knowledge), skills (working with artefacts) and attitudes (accuracy, coping with pressure, integrity). Together these constitute professional competence. Or traders at a flower auction: they require knowledge (about the products, quality indicators, market developments, prices), skills (multi-tasking, processing information, instant decision making), and attitudes (stress-tolerance, feeling for sales). These are elements of professional competence as well.

What has not yet been discussed often is the twofold meaning of competence in terms of capabilities and rights. These two are different, yet go together. Competence as capabilities is the field professionals feel comfortable with. Because of their education and experience in practice they have gained a certain level of competence, which goes together with a feeling of confidence, self-efficacy and professional identity. But educational institutions have declared graduates to be competent by approving their completions.

The diploma is the formal piece of evidence of the competence level of the graduate, which is nowadays more transparent because of the education levels printed on diplomas or in diploma supplements. Professional associations also declare individuals as competent when they comply with certain standards. Educational institutes and professional associations have the

right to do so if they are acknowledged by the relevant institutions. We can also say that educational institutions have the competence to make decisions regarding the licensure of candidates who complete educational programs. Individuals who have received a professional licence of an educational institute or a professional association, or the state, also have certain rights to act (e.g. as teacher), perform interventions (e.g. as medical expert), and take decisions (as lawyer). Citizens also have their rights (to vote, to raise children, to move in freedom), but if there are grounded reasons to do so, the legal system can also deny these rights by declaring people incompetent.

Now that we have learnt what professional competence is, how can an individual make a conscious effort to improve his existing skills?

One has to focus on these key life skills and enter into a pursuit of nurturing them for a wholesome growth of his professional character.

### COMMUNICATION



To communicate is to articulate thoughts and express ideas effectively using oral, written and non-verbal communication skills (to instruct, inform and persuade), as well as listening for meaning to gain understanding. The ability to deliver information in person, in writing, and in a digital world.

Communication encompasses not only speaking but also listening, as said by the renowned author Stephen R. Covey, "Seek first to understand, then to be understood."

### TEAMWORK AND INTERPERSONAL RELATIONS

Build and maintain collaborative relationships to work effectively with others in a team setting through shared responsibility, empathy and respect. The ability to manage one's emotions and



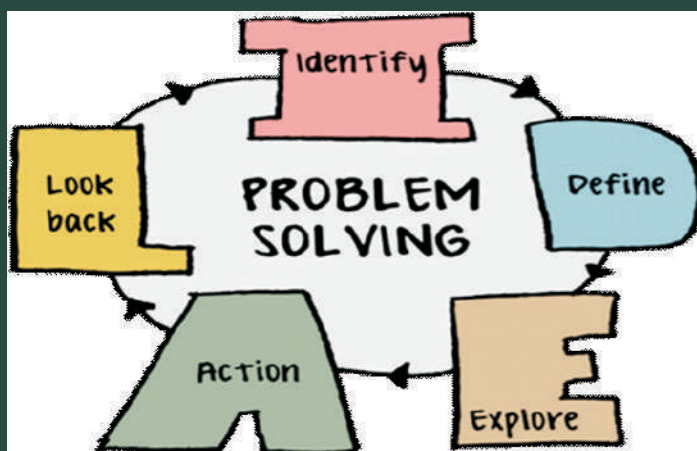
conflict with others while contributing towards a common goal. One has realised that only stones can be shoved aside alone but together a team can move mountains.

**LEADERSHIP**



Motivate, organise, and delegate work after a critical analysis of the strengths of individuals. Leadership is the ability to use empathetic skills and a positive attitude to guide and influence others while reaching a shared goal through adaptability and effective decision-making.

**CREATIVITY AND PROBLEM SOLVING**



Exercise sound reasoning to analyse issues,

synthesise information, make decisions and solve problems. Problem solving is the ability to think critically and strategically to develop original ideas and innovative solutions. The solution may also include out of box thinking which can lead to innovation and problem resolution together.

**PROFESSIONALISM AND PRODUCTIVITY**



Demonstrate integrity, resilience, accountability and ethical behaviour. Professionalism and Productivity is the ability to take initiative, maintain effective work habits (prioritise, plan and manage work) to produce high quality results and project a professional presence.

**DIVERSE PERSPECTIVE**



Respect the viewpoints of those from diverse cultures, races, ages, genders, religions and lifestyles to build collaborative relationships and communicate effectively. Diverse perspective is the ability to appreciate, value, and learn from other cultures and perspectives to move beyond tolerance.

**CONCLUSION**

The relationship between competence and professional performance is complicated. But putting it in simple words one can say that,

Professional Competence Is the habitual and judicious use of communication, knowledge, technical skills, reasoning, emotions, values, and reflection in daily practice for the benefit of the individual and community being served.

Competence builds on a foundation of basic skills, scientific knowledge and moral development. Competence depends on habits of mind, including attentiveness, critical curiosity, self-awareness, and presence.

Professional competence is developmental, impermanent, and context-dependent.

**REFERENCES**

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**ABOUT THE AUTHOR**



Maj Kapil Salimath was commissioned into the Army Educational Corps in December 2016. He has graduated in both arts & commerce and holds a Masters' degree in Public Administration. He is presently a Research Scholar in the Department of Politics and International Studies in the prestigious Pondicherry University. An alumnus of Indian Military Academy, Dehradun, he is an avid writer and an amateur teacher. The officer has keen interest in English & linguistics and enjoys squash.

**GOLD: A UNIQUE FEELING**

I joined this wonderful school in April 2016. Apart from academic excellence, I had heard a lot about the sportsmen of the school.

At the time of my first game, I was a little nervous but more excited. Ground-man handed me a ball and said go and play basketball. I entered the court as a newbie and at that time I had no idea that this game was going to be my favourite. I saw the basketball ring and just like others I started to throw the ball towards it without any trick and skill. While leaving the court there was a curiosity to learn more about the game and play it as much as possible.

With passing time and pure approbation of PTI sir, I grew up as a good basketball player with intense practice, efforts and hard work, which made basketball my favourite sport. I always wanted to win basketball competitions, but it wasn't as easy as I thought. During my first basketball competition, our team lost the final and stood second. When I was in class ninth, we stood third. The wait to win that shining gold prolonged due to COVID-19.

The year 2022, brought the final chance to achieve my dream of Gold, as it was my last year in the school. This was the time when I couldn't afford to lose. The Inter-House Basketball tournaments started; we won our first match with a good margin. Now came the historic day of 07 June 2022, the most awaited final-match of Inter-House Basketball tournament started in the presence of almost 400 spectators, loud cheering sound marked the intensity and importance of the match. It was between our House Taxila versus Nalanda. The scoring of basket started with referees' whistle. The whole match went neck to neck and then the final shot by our captain led us to our Gold; my dream.

While receiving the Gold Medal I was full of different emotions, emotions: of joy, of breathtaking, of excitement and many more which I'm not able to express. The touch of the Gold Medal was so overwhelming. For me, it was really the moment when my dream came true. The gold feeling was eternal, and I'm going to admire it forever and ever.

4056 Cadet Mukul  
XII, Taxila House